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Newsletter from Fire of Truth Satsanga

Strengthening Reliance on Presence and New Skills of Self Inquiry

A 6-Month Teleconference Program with *Neelam*



Oct 18, 2010 - April 11, 2011
Mondays at 5pm PT, 6pm MT, 7pm CT, 8pm ET*
**except at Thanksgiving and Christmas*

“Beginning with a direct experience of Presence, where even just for a second, you know that who you are is not what you think, not what you believe or what you identify yourself with, not even this body. Once you know that, once you have tasted that, Freedom means to really live that moment by moment by moment.”
Neelam

About the Program:

This program is about:

- Moving from an occasional to a sustained experience of Presence.
- Learning a new level of skills and inner understanding of Inquiry.
- Becoming more self reliant in your practice and deeply rooted in Presence.
- Addressing the past experiences that still interfere with your ability to be present.
- Moving into a deeper trust and more direct embodiment of the teaching.
- Engaging all aspects of life from the ground of Presence.

We will explore Neelam’s teaching in a new, deep and meaningful way. By working with individual elements of the teaching and self-inquiry intensively we will experience a understanding from the inside out. By repetition of the elements we have an opportunity for a very subtle and powerful transformation of the ground we base our activities and relationships on. We will take time to notice that Presence is our Nature and develop a habit of coming from that knowledge as we engage in life.

The Program is For:

People who have experience with silence, meditation and self inquiry practices. Who have participated in one of the Living Presence programs or at least 2 - 6 week self inquiry groups and currently have a regular sitting practice. If you do not meet these requirements and feel that you are ready to take this program, please submit your desire in writing to us.

Neelam is asking that you:

- Have an established Practice to support you during this program.
- Have a deep interest in the teaching and its transformational power.
- Have an interest in deepening your inquiry by learning new skills.
- Make a commitment to all aspects of the program including written assignments and student only study groups.

Program Details:

- Weekly Tele-conference Calls
- Partner Inquiry
- Written Assignments
- 2 Regional/at Home Retreats: Nov 12-14, 2010 and Feb 11-13, 2010
- Suggested Donation is \$1240-\$990

Opportunity for More Teaching Time with Neelam:

There will be extra teaching time with Neelam on the phone for people who are willing to volunteer their time supporting tele-conference programs with Neelam over the next couple of years. An interest in sharing your experience with others and supporting others in their inquiry process is necessary for participation in this part of the program. We will be learning to hold the space and facilitate others in finding their reliance on presence.

Interested?:

**If you are interested in joining the group,
email: info@neelam.org
write 6M10-11 in the subject box.**

Testimonials:

“There was a group of 4 of us who took a mini version of this program last summer. It was a remarkable process! By focusing on aspects of the teaching and working with them deeply, there was core recognition and an unfolding that happened. It moved things deep inside and every one of us underwent a transformation. I have been working with my trust “issues” for a very long time and I saw that my lack of trust (at times of Neelam) was a projection of an internal movement away from Presence & Self. The arising was so subtle that the mind was certain that the uncertainty existed externally. It was truly amazing to sit through the waves of this arising until there was stillness.” Nina

“I lived my life until meeting Neelam, not understanding why I was here on this earth nor why I was unable to appreciate my existence. Over time that perplexity and disgruntlement has shifted toward deep gratitude and appreciation. As I reflect on the training the four of us took with Neelam last year, I believe what stands out most for me are the strategies I learned to support awareness of Presence. Papaji and Neelam stress over and over again what a remarkable opportunity it is to be in these bodies, to learn, through the body, over and over again, that our true reliance could be on Presence. The training has strengthened that habit of going to the body for the Truth. This takes so much diligence and determination for me...so much vigilance. The conditioning is so strong to go to the mind for answers. I want to be like the lotus whose roots are buried deep in the mud of the Pond, for it is out of that mud that the lotus bud arises. As Neelam teaches us, Presence is counter-intuitive to our conditioning. Who would sense that the mind is just a remnant of the past? Who would believe that the lotus bud comes out of the boggy mud of the Pond? It is an immense challenge we have all taken on to learn to be Present through meeting and experiencing suffering over and over again. I value what I have been learning from the training which continues to support the remembering that every which-way I turn, there is an opportunity to come back to Truth.” Jacques

Commitment, Sangha, Practice, Freedom, & Presence

Commitment: To practice and the direct knowing of Presence

Practice: A way of creating a new habit of returning to Presence

Sangha: Community with a passion for Truth

Freedom: Independence from the past

Presence: Presence holds all arising within it and is available to us in every moment

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