



RITA MARIE ROBINSON, M.A.

Ordinary
Women
Extraordinary
Wisdom

*The Feminine
Face of Awakening*

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Rita Marie Robinson

Ordinary Women, Extraordinary Wisdom is a collection of intimate, heartfelt conversations with women spiritual teachers who live and look like ordinary people. They have kids, husbands, jobs, and bills to pay. What makes them extraordinary is that each woman has awakened to her true nature. And while that sounds like enlightenment, it doesn't look like the old stereotype of transcendence, detachment, and bliss. Quite the contrary. This is the feminine half of the spiritual journey - bringing it down to earth and embracing all of what it means to be human.

These real life stories show by practical example what it means to be fully awake and fully engaged, to meet the world without resistance - even and especially when it's not easy - whether it's death, divorce or illness. The invitation is explicit... "if these ordinary women can be fully awake and fully human, why not me, why not you? And why not now."

Rita Marie Robinson has practiced psychotherapy in Santa Barbara, Santa Fe and Telluride, Colorado where she currently lives.

One of those books to savor, underline like crazy, and then age with gracefully until its dog-eared pages no longer need to remind you that you're already Home.

Raphael Cushnir, author of *How Now: 100 Ways to Celebrate the Present Moment*

This is a book that gives us the permission to be ourselves, the simple wonder of whom we really are. Here are clues to the great human mystery, the secret that is within each of us waiting to be lived. There is nothing to search for, just the challenge to be awake, to be present in each ordinary, extraordinary moment.

Llewellyn Vaughan-Lee Ph.D., Sufi teacher and author of *Awakening the World*

It is with tremendous enthusiasm that I recommend this book to you.

It is an exquisite pointer to the vast field of women who have realized the highest spiritual truths and are speaking out to bring their wisdom to the table so that we may benefit from their labors of love. Rita Marie Robinson is a gifted writer.

This is a visionary book to be cherished for the intimate glimpses it provides us into the lives of women who point the way to how we can live a life of enlightened living in the midst of ordinary circumstances.

Richard C. Miller, PhD, author of *Yoga Nidra*.

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